

# G. O. L. D.

## Girls Owning Lives of Dignity

### Mission Statement

To give young women at Shelby High School  
the tools to lead with confidence,  
resiliency and dignity.

### Social Media

#NoMakeupMonday

Twitter: @SHSGOLD

Facebook: SHSGOLD

Website: SHSGOLD.weebly.com

### Advisors:

*Kate Bowerman, Lead Advisor*

*Jackie Duncan, Lead Advisor*

*Edie Lerback, Guidance Counselor*

*Tawny Cox*

*Lauren Dennis*

*Stephanie McCoy*

*Melissa Snively*

*Katie Will*

- Introductions
- Statistics
- Miss Representation
- GOLD - Girls Owning Lives of Dignity
- Mission Statement
- Organization of the Group
  - Lead Advisors & Advisors
  - Meetings, inspiration & topics
- Mission Accomplished
  - Self Defense
    - Confidence
    - Team building
  - Yoga
    - Stress relief at exam time
    - To promote physical wellness
  - Communication
    - Locker signs
    - Stall talks
    - Newspaper articles
  - Bullying Ribbons
    - School Assembly - Nick Vujicic
  - Community Engagement
    - Crucial Catch
    - GOLDen Gowns
    - Peeps for Peeps
  - Meetings
    - Team building
    - Pool party
    - Tailgating
  - Social Media
    - #NoMakeupMondays
    - #SeeHerWhoSheReallyIs
    - Twitter @SHSGOLD
    - Facebook SHSGOLD
    - Website [www.SHSGOLD.weebly.com](http://www.SHSGOLD.weebly.com)
- Future Goals & Upcoming Events
  - Cyber aspect (digital citizenship)
  - Social skills (empowerment)
  - Interpersonal skills
  - Building GOLD's network within other schools
  - Body Image
  - National No Name Calling week (January 18-22)
  - GlSen (Gay Lesbian & Straight Education Network)
  - Professional Women speaking about their life journey's
- Impact on Students/Mentors
- Closing