

DELAWARE AREA
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Positive Discipline

Expelling Hope

DELAWARE AREA CAREER CENTER
 Mary Beth Freeman, Superintendent
 Chad Williams, Supervisor & Dean of Students
 CJ Soliday, Mental Health Profession

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Strategic Plan

Mission/Vision
 Core Values
 Goals
 3 Design Principles
 Ownership, Relevance, Mastery

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Objectives for Discipline

Advocacy to change behavior vs. punishment
 Reduce time out of school
 Relationship building with student/parent/community
 Lifelong learning
 Value of mental health
 Hold accountable

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Alternative to Expulsion

- Began with counseling - reduced expulsion days
Superintendent office working with agencies
- Added Sports Safe drug testing, when applicable - return
when negative drug test - serve 10 day OSS in full
- Partnered with DMMHRB and Maryhaven - 2015-16

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Prevention - Culture of making better decisions

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Legislation

- Positive Behavioral Intervention & Supports (PBIS)
- HB 410 - Truancy (Proposed)
 - Remove zero tolerance
 - Last resort - suspension & expulsion

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The Role of the Disciplinarian

- Address violations of the student code of conduct
- Hold students accountable for their actions
- Change negative behaviors
- Give students the opportunity to succeed
- The path from due process to re-entry

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Goals of the Alternative

- Keep students in school
- Create teachable moments for students to learn from
- Give students the opportunity to master important academic concepts while removed, thus easing the feeling of helplessness upon return
- Improve decision making
- Change behaviors

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Care Team

- This is one piece of our overall student care plan
- Part of our PBIS program
- Meet weekly to discuss student concerns
- Address the concerns before they become major problems

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Academic Advantages

Students who are unexcused absent or suspended from school will have the opportunity to earn up to 100% credit on new work or content assigned during their absence. Students will be given one day per day of unexcused absence or suspension to turn in work in their first three days of consecutive unexcused absences or suspension. Any unexcused absences or suspensions over 3 consecutive days will be given a 3 day deadline upon return to school to complete missing work.

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Academic Advantages

Students are not double penalized by being removed from school and given zero academic credit.

Helps ease the feeling of helplessness upon return

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Parental Partnership


Parents appreciative of the opportunity to return to school

Parents appreciate that students are not given academic penalty

Parents become partners in upholding the standards of the alternative

The conditions of the alternative are often opportunities for the student to get needed help in addressing an issue

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Results

- Discipline has been reduced
- Relationship building, administrator as advocate
- Less academic remediation

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School Based Mental Health Intervention portion of the Alternative to Expulsion Program

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Anxiety
Sleep disorders
Depression
Post-Traumatic Stress Disorder
Obsessive Compulsive Disorder
Social Anxiety
Bipolar
Executive functioning






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Where there is overlap:



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The ability to respond to the ongoing demands and experiences of life, with a range of emotions that are socially tolerable and flexible enough to permit spontaneous reactions. This also includes the ability to delay spontaneous reactions as needed.




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A set of skills that a person needs to successfully navigate life choices that result in the identified outcome.

- Impulse control
- Emotional control
- Flexible thinking
- Working memory
- Self monitoring
- Planning/Prioritizing
- Task Initiation
- Organization



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Mental Health Professional's Role

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The first step is to reach out to the family.



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Information Gathered

- Parental concerns
- Child's strengths
- Child's personality

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Community Services

Mid Ohio Psychological services (MOPS)

Katie Murray
LPCC-SEMDR

Tapestry Counseling
Donna Sigal-Davie LPCC-S
Amanda Pentzer LISW

Maryhaven
Jenell Longo LISW
Brandi Young LPC
Sam Balla LISW-S
Rhonda Miner LPCC-S

Step by Step
Dr. Babson
Dr. Wagner


Nationwide Children's Hospital

Central Ohio Mental Health (COMH)

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Advocate for students on treatment court




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Release of Information



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Helping to Guide the Trajectory of the Student


We can learn a lot from our mistakes

One mistake does not define who you are

Life is made up of choices

What do you choose now?


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Successful Completion of Alternative Option



William Williams

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